



# Camp Information

The Canton Middle School Volleyball camp is a 3-day camp designed to help equip athletes with the fundamental skills and drills that can be practiced over summer in preparation for the upcoming Fall 2018 volleyball tryouts at CMS. During this camp, athletes will work on speed & agility training, fundamental volleyball skill development, team building concepts, and overall volleyball knowledge.

Instruction will be given by:

CMS Head Volleyball Coach Amy Tiller  
CMS Volleyball Coach Heather Chastain

## Camp Cost

1 child	\$30.00
2 children	\$50.00

Checks should be made out to: Canton Middle School  
Registration: Monday, June 18 @ 7:30 or  
may be turned into CMS Main Office  
prior to June 15<sup>th</sup>.

Location: Canton Middle School Gym

### **Athletes should:**

- Wear shorts, t-shirt, tennis shoes, & knee pads.
- Bring a water bottle
- Be ready to learn, work hard, and have fun!

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**CMS Volleyball Tryouts Begin  
Aug. 6 @ 8:00 -10:00 am**